



What to Expect from a Penetration Test

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whoami

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- Last eight years as a penetration tester

First things first

- This is not a sales pitch
- Yes, I work for a penetration testing firm, but I am not trying to sell you a penetration test (I'm not in sales)
- The goal is to walk through a typical penetration test so you can determine what type of testing you might need and what to expect during the engagement

- Bank Secretary: “So, people hire you to break into their places... to make sure no one can break into their places?”
- Bishop: “It's a living.”
- Bank Secretary: “Not a very good one.”

SNEAKERS



Agenda

*I like to have discussions not just lectures
(this means I will be asking you questions too)*

- Overview
- Setting up a penetration test
- The flow of a penetration test
- The output from a penetration test
- Key take-a-ways

Please ask questions anytime, no need to wait until the end

Overview

Question for you...

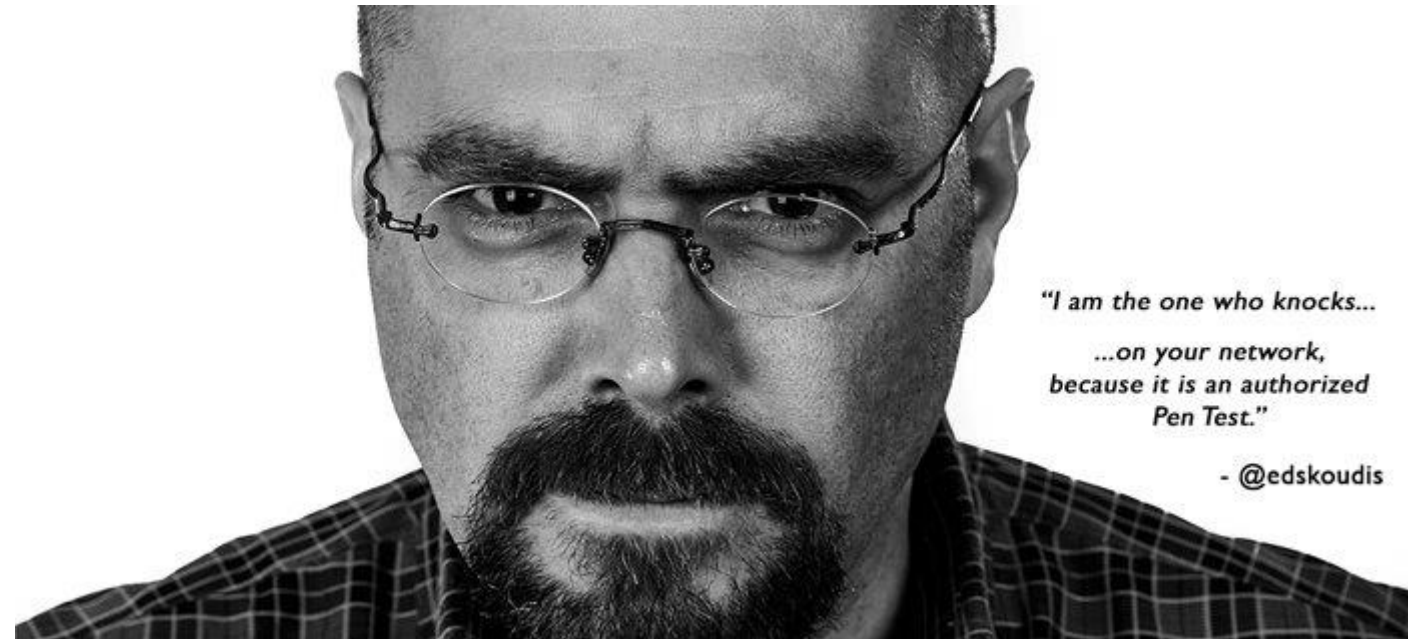
What do you think a
penetration test is?



What a penetration test is

A **penetration test** is a way for an organization to validate the security of their systems through **manual or automated testing**. Penetration tests typically will look for and exploit vulnerabilities within target systems.

Penetration tester is an individual or a team that has specific training and authorization to conduct penetration tests against a given organization.



*"I am the one who knocks...
...on your network,
because it is an authorized
Pen Test."*

- @edskoudis

Question for you...

What should not be done during a penetration test?



What shouldn't happen

- Your penetration tester should not attempt to break into systems you have not listed as “in scope” for the test
- The penetration tester should not perform actions that go against your wishes of the test
- Sensitive information should not be removed from your environment and posted online

So, you need a penetration test

DETERMINE WHAT PENETRATION TEST IS RIGHT FOR YOU

Types of penetration tests

- Covert (Sneaky)
- Overt (Out in the open)
- White box (All information is provided)
 - Normally used for compliance style testing
- Gray box (Some information is provided)
 - Normally used to test select sections of an organization
- Black box (No/little information is provided)
 - Normally used to test internal IT teams and controls

Defining the scope Q1

- Why are you looking to have a penetration test performed?
 - A compliance need such as PCI-DSS, HIPAA, SOC, GDPR
 - There has been a data breach
 - A new system was installed and have an upcoming go-live
 - You just love security and want to protect your systems

Defining the scope Q2

- What systems or technology should be tested?
 - Host exposed to the Internet such as firewalls, web servers, email servers, etc.
 - Web applications that are accessible from the Internet
 - Host on your internal network
 - Mobile applications
 - Physical locations
 - Embedded devices

Note: Don't forget to test critical systems that are older

Defining the scope Q3

- What systems or technology should NOT be tested?
 - If the test is for compliance, the scope can be limited to only what is required to meet the compliance needs
 - Limit testing to a given network range
 - Exclude links to other partners and vendors
- Consider realistic testing (this is what a real attacker will do)



What is your timeframe?

- Knowing how soon you need to have the test completed is an important factor to take into consideration before starting
- Try to plan in advance to give the penetration test adequate time

What is your budget?

- Each penetration testing firm will charge different rates depending on the type of test you are looking for
- It is a good idea to know why you are looking to have a penetration test performed and what your budget is

Finding a penetration tester

- Google
- Word of mouth
- Check compliance sites

Penetration test risks

- There is always a risk that a penetration test will take down a system
- A penetration test is designed to find and take advantage of vulnerabilities within a system

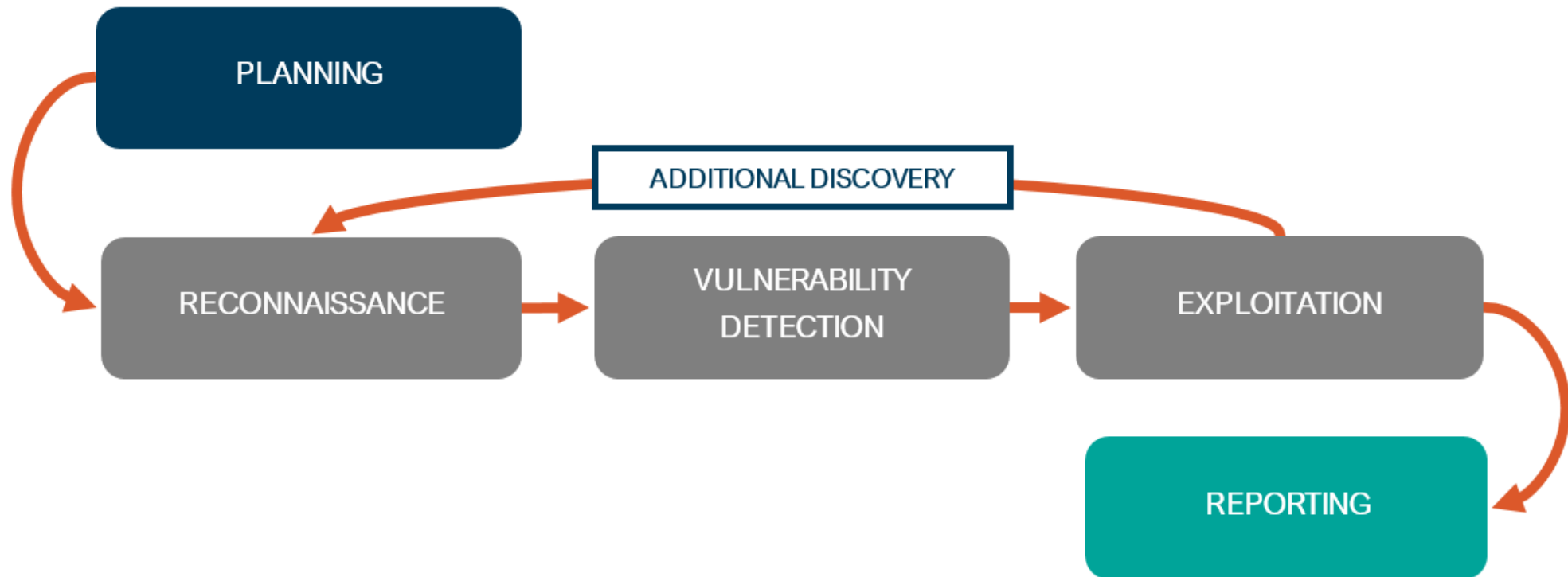


Categorizing vulnerabilities

- Commonly, vulnerabilities are categorized based on the Common Vulnerability Scoring System (CVSS)
- The CVSS scale is from 0.0 to 10.0 and is broken into the Base Score, Temporal Score, and Environmental Score sections
- For general vulnerability categorization only the Base Score is considered
- The categories are typically High, Medium and Low (sometimes Critical)

The flow of a penetration project

Pentest methodology



Planning (Kick-off call)

- Now that you have determined the scope for the penetration test, there should be a call with the penetration testing team to discuss the scope and how testing will be performed
- Confirm what will be tested
- Confirm when testing will take place
- Confirm who will be notified of testing

Reconnaissance

- Look for company information on the Internet
 - LinkedIn
 - Data dumps
 - Dark web
- Examine targets for open ports and listening services
- Research unknown ports or services that have been identified

Vulnerability detection

- Use automated tools to look for known vulnerabilities
- Use manual testing to confirm automated tool findings
- Use manual testing to locate potentially unknown vulnerabilities

Exploitation

- This is a way to confirm the vulnerability exists and is truly a risk
- Determine if it is safe to attempt an exploit
 - If not, contact the client
- Attempt the exploit and record results
- If/when access is gained, go back to reconnaissance step

Reporting

- Review information gathered during testing
- Write a narrative (story) of how the attack was performed
- Detail out the technical information needed to correct any issues
- Make recommendations on other testing that could be beneficial
- Summarize the report at an executive level

Draft report delivery

- The report should contain information related to the observed vulnerabilities

Retesting

- Not a FULL retest
- Going back to review the findings that have been corrected

Final report delivery

- Review and incorporate any feedback from the client
- Updates are made to the draft report to reflect what has been corrected

Key take-a-ways

Things to remember

- Have a rules of engagement in writing
- Clearly define the scope you want to have tested
- Remember, you get what you pay for

Questions to ask

- What methodology do you use for testing?
- What is the proposed timeframe to conduct the test?
- What certifications do your penetration testers have?
- Do your testers have experience in our industry?
- What type of report can I expect in the end?
- Do you offer retesting?
- What happens if we go over the budget?

Questions?

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